

What would you like other medical professionals who may not be familiar with catatonia to know about it?

Jonathan Rogers:

I think medical professionals who aren't familiar with catatonia need to know three things. Firstly, they need to know how to spot catatonia. From medical school, you might be familiar with stupor and catalepsy, but actually the range of presentations of catatonia is much broader than that.

The second thing that I think medical professionals should know about catatonia is making a diagnosis of catatonia is sometimes difficult, but we have help available, and the Lorazepam challenge is really easy to do and really helpful in supporting that diagnosis.

The third thing that all medical professionals need to know about catatonia is that the treatment is possible and it's often not too difficult. We've got evidence-based treatments that are effective in catatonia and for the vast majority of people get them better.