



## What do you think are the obstacles to patients receiving an accurate diagnosis and optimal treatment?

**Dr. Beach:**

I think the biggest obstacle for patients in terms of receiving a diagnosis of catatonia right now is education. I think a lot of people were taught that catatonia is a very rare specific form of an illness where patients are completely mute and completely immobile. And if you believe that, you're going to miss a lot of the cases. So I think it's really about education and helping providers to get better at recognizing catatonia.