



What is ECT?

Dr. Carroll:

ECT is like resetting or rebooting. And most of my patients are familiar with the computer analogy. I can try to explain the neurochemistry, but for families, it's not easy for them to know.

While we are using lorazepam to affect one neurochemical, or amantadine to affect two neurochemicals, ECT may affect five or more and may be a better multimodal treatment for our patients with catatonia.