



What do you hope The Catatonia Foundation can accomplish?

Dr. Caroff:

Increase public awareness, decrease stigma of the disorder and treatment with ECT. Help families to find treating physicians who know about this. Help physicians and professionals to learn more and by different means and be better able to take care of their patients, to lobby government, inform people about legal restrictions and so many things, and providing awareness.

But to boil it down, I think the most important thing is to provide hope to families who are struggling and reassurance that they can get help, and their family member can be rescued. And very much by the personal stories and the family and patient approach. That is very powerful, and one of the most important things that you can provide. Based on your and the other families' experiences, that is so wonderful and generous to other people who are in that situation.