

# What would you like providers and patients to know about ECT?

**Jonathan Rogers:**

ECT for catatonia is one of the most effective treatments we have—not just in psychiatry, but across the whole of medicine. It's very hard to find a treatment that is more effective in any area of medicine than ECT is for catatonia.

Like every other treatment, ECT has side effects. And it's important that these are considered and weighed, but for the vast majority of patients with catatonia, ECT is highly effective and can often make a difference where nothing else has and where patients, family members, and clinicians have sometimes given up on a recovery even being possible.