



What would you like patients who are struggling to get a diagnosis to know?

Dr. Caroff:

The Catatonia Foundation is real. It could be a real help in that regard as a resource because everyone's online and that's where they go for medical information. If their family member's not doing well, or they think something's being missed, they'll search around, and if you could provide resources and education information about considering catatonia and the proper treatment. That would be very important to get the word out, and about the personal stories, about how this is well known and it can be treated and that people and families, unfortunately, because of, I know, especially in the mental health and addiction area, how frustrating the system can be. How care is fragmented — it depends on who you wind up seeing as to the quality of care you get. But, unfortunately, it's the case that families and patients have to persevere and continue to advocate for themselves and family members until they get the information they need to get the help that they need.