

# Are benzodiazepines effective in treating excited catatonia?

**Dr. Dhossche:**

In my experience, it's more difficult to treat excited catatonia or a catatonic phase where there is a lot of excitement. It's more difficult to treat. And sometimes I have found that benzos kind of make it worse. So sometimes I combine it with the actual antipsychotics. They seem to be fairly — I mean, you don't hope that they make things worse either, but it's a difficult treatment, excited catatonia. But I would use benzos and see what happens.