

## How can we help psychiatrists feel more confident diagnosing excited catatonia?

**Dr. Gazdag:**

In clinical practice, I think using symptom rating scales like the Bush-Francis Catatonia Rating Scale or the KANNER scale can improve the diagnostic skills of colleagues. Nevertheless, most of the items of the Bush-Francis scale target the symptoms of retarded catatonia, and only two or three items directly rate the symptoms of the agitated form.

Of course improving knowledge of the symptoms of catatonia with education is also a successful way to improve diagnostic accuracy in this field. Probably case vignettes or short educational videos can help to improve the diagnostic accuracy.