

How would you describe catatonia to someone who knows nothing about it?

Dr. Gazdag:

Catatonia is a disturbance of psychomotoric movements. For a layperson, it's easier to describe that it's a disturbance of movements and emotions. It has two major forms: the retarded and agitated form.

In the retarded form, in the most serious cases, the patient doesn't move, doesn't speak, doesn't eat. In the agitated form, he or she's very active, running up and down, speaks continuously, can be aggressive as well.